



Longevity & Wellbeing

Bone Support Blend





A Note from Our Founder

In today's crowded wellness space, knowing what to trust can be a challenge. I created More. Longevity & Wellbeing to offer clean, effective solutions—crafted with intention, rooted in science, and designed to support real, lasting change.

At More., we go beyond ingredients. Every formula is developed with bioavailability and synergy in mind—ensuring nutrients are delivered in forms your body can absorb, and work in harmony to support your health.

We take a systems-based approach, working with the body's natural intelligence to promote balance, resilience, and whole-body vitality.

No trends. No fillers. Just thoughtful formulations made to meet you where you are.

*Thank you for being here,
Pascale Rothman
Founder, More. Longevity & Wellbeing*



Evaluating the Science Behind Bone Support Blend Offered by More Longevity & Wellbeing



More. Longevity & Wellbeing Bone Support Blend - Potent Extract-Based Formula for Bone Density, Heart, and Skeletal Health. No fillers. Third-Party Tested. Made in The USA.

The efficacy of bone health supplements is contingent not merely upon the inclusion of essential nutrients, but in the bioavailability of these materials / their synergistic interactions within the body. While numerous products on the market claim to support skeletal integrity, Bone Support Blend offered by More Longevity & Wellbeing distinguishes itself through its methodical formulation, which prioritizes the most bioavailable forms of key nutrients / their complex interplay to promote optimal bone health.

Bone health encompasses a dynamic physiological process involving the regulation of

- Mineral density
- Collagen synthesis
- Calcium absorption
- The maintenance of mineral balance

A variety of micronutrients play integral roles in these processes, particularly those involved in bone metabolism, mineralization and Calcium Homeostasis.

How to Use

Daily Foundation: Take 4 capsules daily with meals to support bone strength, cardiovascular health, and skeletal nutrition.

Calcium is an essential nutrient which means the body cannot make its own. Supplementation through diet is necessary and our blend provides clinically proven dosages of materials that work to enhance bone mineralization, which is linked to the reduced risk of osteoporosis. For men and women.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Longevity & Wellbeing

BONE SUPPORT BLEND

Our Osteo formula supports bone density, cardiovascular health and skeletal nutrition.

120 VEGGIE CAPSULES
Dietary Supplement
Born in California

Supplement Facts
Serving Size: 4 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calcium (as MCHC)	460mg	35%
Vitamin C (as Ascorbic Acid)	100mg	110%
Magnesium (as Magnesium Aspartate)	100mg	24%
Potassium (as Potassium Citrate)	36mg	1%
Zinc (as Zinc Citrate Dihydrate)	5mg	45%
Manganese (as Manganese Amino Acid Chelate)	0.2mg	9%
Vitamin D3 (as Cholecalciferol)	25mcg	125%
Vitamin K (as MK7)	90mcg	75%
Microcrystalline Hydroxyapatite Calcium (MCHC)	2,000mg	†
Boron Citrate	2mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily value not established.

Other Ingredients: Vegetable capsule (Hypermellose). **Caution:** Use only as directed. Not for use by children, pregnant or lactating women. Keep container tightly closed in a cool, dry and dark place. Keep out of reach of children.
Suggested Use: As a dietary supplement, take 2 capsules daily with meals.
Manufactured in a facility that processes Milk, Soy, Eggs, Nuts and Wheat.



Vitamin C

Is an essential co-factor for the enzymatic reactions involved in Collagen synthesis, a structural protein that constitutes the bone matrix. Collagen acts as the scaffolding upon which mineralization occurs, playing a pivotal role in maintaining bone strength and elasticity. While competitors may opt for lower-potency forms of Vitamin C, the inclusion of Ascorbic Acid ensures that the bone matrix is structurally sound, enabling optimal mineral deposition.



Zinc

Is indispensable in the process of bone remodeling, wherein it facilitates the activity of Osteoblasts, the cells responsible for synthesizing bone matrix proteins, and the regulation of Osteoclasts, the cells that break down bone tissue. As a co-factor in the synthesis of Collagen and other bone proteins, Zinc supports the structural integrity of the bone extracellular matrix. In addition to its role in skeletal restructuring, Zinc is involved in immune function, further supporting overall health. Competitor products that fail to use highly bioavailable forms of Zinc may not provide the same level of efficacy in supporting bone turnover and immune system function.



Magnesium

Is integral to Calcium Homeostasis, acting as a co-factor in the activation of Vitamin D, which is essential for Calcium absorption and skeletal mineralization. Magnesium exerts direct influence on bone strength by modulating Osteoblast (bone-forming) and Osteoclast (bone-resorbing) activity, thus helping one to preserve bone density. The inclusion of Magnesium (as Magnesium Aspartate) within the Bone Support Blend is noteworthy due to its superior bioavailability when compared to other commonly used forms. Magnesium Aspartate is readily absorbed, ensuring that the mineral is available for the enzymatic reactions required for the optimal functioning of Vitamin D, which in turn supports effective Calcium absorption.



Boron

Is a trace element that has been shown to support the metabolism of osteo-supporting minerals such as Calcium, Magnesium and Vitamin D. Boron enhances the body's ability to use these ingredients by supporting their synthesis and improving their incorporation into the bone matrix. Moreover, Boron is involved in the regulation of steroid hormones such as Estrogen and Testosterone, both of which play significant roles in maintaining bone density, particularly in aging populations. The Citrate form of Boron in the Bone Support Blend offers superior absorption and bioavailability, ensuring that the mineral's benefits are fully realized in promoting bone health.

Bone Support Blend offered by More Longevity & Wellbeing stands as a scientifically rigorous formulation that integrates efficacious, bioavailable, synergistic ingredients aimed at optimizing one's health. Each ingredient is carefully selected for its role in supporting the physiological processes involved in bone mineralization, remodeling and preservation. This blend offers a holistic approach that is unmatched by many competitor products.



Vitamin D

Is integral to Calcium absorption in the intestines, and its active form, Vitamin D3 (Cholecalciferol), has been shown to be more effective at raising serum Calcium levels than its synthetic counterpart, Vitamin D2 (Ergocalciferol). This biologically active form of Vitamin D promotes Calcium absorption and the mineralization of bone tissue, essential for maintaining bone strength / density. **Bone Support Blend** by More Longevity & Wellbeing utilizes Vitamin D3 (Cholecalciferol), ensuring that one's capacity to absorb Calcium is maximized.



Vitamin K2

Plays an essential role in the regulation of Calcium metabolism. It activates Osteocalcin, a protein that binds Calcium to the bone matrix, thereby ensuring that Calcium is deposited where it is most needed - in the bones. This selective action prevents the inappropriate deposition of Calcium in soft tissues, such as the arteries, where it can contribute to calcification and increase the risk of cardiovascular diseases. Many competitor products fail to include Vitamin K2, thereby missing a critical component of bone health.



Microcrystalline Hydroxyapatite Calcium

Is derived from bovine and provides a naturally occurring source of Calcium that is rich in the same mineral matrix found in human bone. MCHC is distinguished by its superior bioavailability compared to traditional Calcium Carbonate / Calcium Citrate forms, due to the presence of Collagen and other bone matrix components, such as Glycosaminoglycans, which enhance the uptake of Calcium into bone tissue. The inclusion of MCHC in **Bone Support Blend** offers a more comprehensive and effective means of supporting density, as it not only provides Calcium but also aids in the structural integrity of the bone matrix itself.



Potassium

Plays a vital role in the maintenance of bone mineral density, in part by preventing the leaching of Calcium from bone tissue. The form of Potassium utilized in the **Bone Support Blend** - Potassium Citrate - was chosen for its high bioavailability and its ability to help modulate one's pH balance. A more alkaline environment has been shown to mitigate the risk of Calcium loss from the skeleton, a phenomenon often exacerbated by Metabolic Acidosis. Potassium Citrate is particularly effective in this regard, as it serves to neutralize excess acidity without introducing the adverse effects of Potassium Chloride / Potassium Sulfate, which can be more acidic in nature. This balanced approach to mineral supplementation ensures that Potassium's role in preserving bone integrity is optimized and sustained over time.

Please visit www.morewellbeing.com to learn more about our company and extensive listing of products. More. Longevity & Wellbeing. Join the wellness revolution, where science meets tradition for a healthier tomorrow!!!



[Click Here to Shop the Bone Support Blend](#)



Longevity & Wellbeing

Science-backed. Synergy-driven. Made to work.
Every formula is crafted so you can feel the difference—and live with intention.

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Our website

Contact:
Email for wholesale or PR:
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Social handles: @more.longevity

