



Longevity & Wellbeing

**Vitality Blend**  
**(Coconut Vanilla Latte With Matcha)**





### **A Note from Our Founder**

In today's crowded wellness space, knowing what to trust can be a challenge. I created More. Longevity & Wellbeing to offer clean, effective solutions—crafted with intention, rooted in science, and designed to support real, lasting change.

At More., we go beyond ingredients. Every formula is developed with bioavailability and synergy in mind—ensuring nutrients are delivered in forms your body can absorb, and work in harmony to support your health.

We take a systems-based approach, working with the body's natural intelligence to promote balance, resilience, and whole-body vitality.

No trends. No fillers. Just thoughtful formulations made to meet you where you are.

*Thank you for being here,  
Pascale Rothman  
Founder, More. Longevity & Wellbeing*



# Evaluating the Science Behind Vitality Blend Offered by More Longevity & Wellbeing



More. Longevity & Wellbeing Vitality Blend Drink Mix | Focus, Energy, Mood & Digestion Support | With Adaptogens, Essential Vitamins & Minerals | Coconut Vanilla Latte with Matcha | Potent Extract-Based Formula | No Fillers | Third-Party Tested | Made in the USA

Vitality Blend offered by More Longevity & Wellbeing is a masterfully formulated complex designed to elevate Well-Being by supporting Resilience, Metabolism and Cognitive Balance. Each ingredient was carefully selected for their bioavailability and synergistic impact, creating a blend that fuels Vitality / enhances Stress Adaptation / supports Digestion / promotes Hormonal Balance / bolsters overall Health.

At the heart of this formulation lies a highly bioavailable B-vitamin complex, including Methylated B9 (Methylfolate) and B12 (Methylcobalamin). These materials play a foundational role in Energy Production / Neurotransmitter Synthesis / Cardiovascular Support, ensuring that one's body operates with efficiency and clarity. By utilizing bioavailable nutrients, Vitality Blend maximizes Nutrient Uptake, delivering immediate / lasting benefits.

## How to Use

1. Measure: Scoop a perfect 10g of your blend.
  2. Pour: Add 6-8 oz of hot water for optimal infusion.
  3. Stir & Savor: Stir well until smooth. Take a moment to inhale the comforting aroma and enjoy the soothing flavors and benefits.
- For an indulgent twist, blend with warm almond milk or your favorite plant-based option for a creamy latte experience.


| Supplement Facts                              |                    |                | / Servings Per Container: 20         |                    |                |
|---|--------------------|----------------|--------------------------------------|--------------------|----------------|
| Serving Size: 10g (Approx. 1 Scoop)           |                    |                | Amount Per Serving                   |                    |                |
|   | Amount Per Serving | % Daily Value* |                                      | Amount Per Serving | % Daily Value* |
| Calories                                      | 30                 |                | Sodium                               | 10mg               | 0%             |
| Total Fat                                     | 1g                 | 1%             | Potassium                            | 20mg               | 0%             |
| Saturated Fat                                 | 1g                 | 5%             | Maca Root                            | 250mg              | †              |
| Trans Fat                                     | 0g                 | †              | Rhodiola Rosea                       | 100mg              | †              |
| Total Carbohydrates                           | 6g                 | 2%             | Blueberry Fruit Extract              | 100mg              | †              |
| Dietary Fiber                                 | 4g                 | 14%            | Cranberry Extract                    | 100mg              | †              |
| Total Sugars                                  | 1g                 | †              | Camu Camu                            | 100mg              | †              |
| Protein                                       | 0g                 |                | Pomegranate Fruit Extract            | 100mg              | †              |
| Vitamin C (as Sodium Ascorbate and Camu Camu) | 45mg               | 50%            | N-Acetyl, L-Tyrosine                 | 500mg              | †              |
| Vitamin B3 (as Niacin)                        | 10mg               | 60%            | L-Theanine                           | 50mg               | †              |
| Vitamin B6 (as Pyridoxine HCl)                | 2mg                | 117%           | L-Tryptophan, 5 Hydroxy              | 25mg               | †              |
| Folate (as Methylfolate)                      | 400mcg DFE         | 100%           | Matcha Green Tea                     | 1000mg             | †              |
| Vitamin B12 (as Methylcobalamin)              | 500mcg             | 20,830%        | Inulin (as prebiotic fiber, chicory) | 4000mg             | †              |
| Magnesium (as Magnesium Glycinate)            | 100mg              | 24%            |                                      |                    |                |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established. For men and women.

Other Ingredients: Coconut Milk Powder, Natural Flavors, Medium Chain Triglycerides (MCT), Date Sugar, Acacia Gum, Monk Fruit Extract.  
Suggested Use: Add 1 scoop (10g) to 6-8 oz. of hot water, stir well.  
Manufactured in a facility that processes Milk, Soy, Eggs, Nuts and Wheat.

Indulge in a journey of health with our crafted blends to elevate lifestyle and vitality. Lower stress, improve mood and energize. Refresh. Restore. Rejuvenate. Our Vitality Blend was created to help the body adapt to and cope with life's challenges featuring ingredients that calm nerves and relieve anxiety.

www.morewellbeing.com  
Made in the USA  
Natural. Effective. Vegan.  
No Artificial Additives, Chemicals or Fillers.



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## Magnesium Glycinate

Serves as a cornerstone of this formulation, supporting over 300 Enzymatic Functions that influence Nerve Health, Muscle Function and Stress Response. When used in conjunction with Electrolytes, such as Sodium / Potassium, this formula ensures optimal Hydration / Cellular Energy, which encourages Mental Sharpness / Metabolic Stability.



## Adaptogens. Maca and Rhodiola Rosea

Promote Hormonal Balance / Stress Resilience. These Botanicals are renowned for their ability to support Endocrine Health, improve Stamina and enhance Mental Acuity. Rhodiola has been studied for its ability to regulate Cortisol levels, helping the body maintain equilibrium under prolonged periods of Stress.



## Polyphenols

To further amplify its benefits, Vitality Blend is enriched with powerful Polyphenols, such as Blueberry, Cranberry and Pomegranate. These Antioxidant-rich Botanicals combat Oxidative Stress, promote Healthy Circulation / support Cardiovascular Function. By providing a diverse range of Phytonutrients, this formulation fortifies the body's natural defense system and contributes to long-term Health.



## Neuro-Supportive compounds

For individuals seeking enhanced Mental Performance, Vitality Blend integrates Neuro-Supportive compounds like N-Acetyl Tyrosine, Theanine, 5-Hydroxytryptophan (5-HTP) and Matcha Extract (from Green Tea). These ingredients work in harmony to support Neurotransmitter Balance / reduce Stress-Induced Fatigue / promote a calm yet alert state - ideal for sustaining Focus / Mental Endurance throughout one's day.

Beyond providing Cognitive and Metabolic Support benefits, this formula prioritizes Digestive Health. Inulin, a **Prebiotic Fiber** sourced from Chicory, nurtures beneficial Gut Bacteria / enhances Nutrient Absorption. A well-supported Digestive Tract contributes to one's liveliness, reinforcing the interconnectedness of Assimilation, Immunity and Energy Production.

Vitality Blend is thoughtfully designed for women / men, catering to unique Physiological needs while providing broad-spectrum support. Women benefit from its ability to promote Hormonal Harmony, Stress Resilience and Reproductive Health, while men gain Metabolic Support, Adrenal Reinforcement and Cognitive Optimization. This comprehensive approach ensures that one receives a tailored yet Holistic nourishment protocol.

Vitality Blend represents a commitment to Wellness. It delivers a precise combination of nutrients that work seamlessly to support one's natural rhythms. This fosters sustained Energy / Resilience / Well-Being. Individuals seeking a thoughtfully crafted, results-driven formula will find this formula to be an indispensable part of their Health journey.

Please visit [www.morewellbeing.com](http://www.morewellbeing.com) to learn more about our company and extensive listing of products. More. Longevity & Wellbeing. Join the wellness revolution, where science meets tradition for a healthier tomorrow!!!



**Click Here to Shop the Vitality Blend**



Longevity & Wellbeing

Science-backed. Synergy-driven. Made to work.  
Every formula is crafted so you can feel the difference—and live with intention.

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